

Wilderness Trouble and Solutions with Essential Oils

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Essential Oils Introduction by Holger Grimme Host: Joseph Dumond

SHALOM TO ALL ESSENTIAL OILERS

Lesson 3: WILDERNESS TROUBLE AND SOLUTIONS WITH ESSENTIAL OILS

Last week we talked about the holy anointing oil as it was presented from Yahweh to Moses. We scratched the Holy Incense a bit, and here I want to continue today.

Exodus 30 reads:

34 Then said Yahweh unto Moses—Take to thee aromatic spices, stacte, and onycha, and galbanum,—aromatic spices, and pure frankincense,— weight for weight, shall it be.

35 And thou shalt make of it an incense, a perfume, the work of a perfumer,— salted, pure, holy.

36 And thou shalt beat some of it to powder, and place thereof before the testimony, in the tent of meeting, where I am to meet with thee,—most holy, shall it be to you.

37 And, the incense which thou shalt make, according to the proportions thereof, ye shall not make for yourselves,—holy, shall it be to thee, to Yahweh.

38 Whosoever shall make like it, to smell of it, shall be cut off, from among his people.

This instructs Moses how to prepare the Holy Incense. It consist of four pure parts: Myrrh (stacte), Onycha, and galbanum – and pure frankincense. Breathing smoke is an effective way in aroma therapy that is called fumigation. Yet in the Bible we can turn to Numbers to see how it was applied and what the smoke of this Holy Incense was used for by Aaron.

Let's read Numbers 16:46-50:

46 Then said Moses unto Aaron—Take the censer and place thereon fire, from off the altar, and put incense thereon, and, going quickly into the assembly, put a propitiatory—covering over them,—for wrath hath gone forth, from before Yahweh, the plague, hath begun.

47 Then took Aaron, as Moses spake, and ran into the midst of the convocation, and lo! the plague, had begun, among the people,—so he placed the incense, and put a propitiatory—covering over the people:

48 thus did he take his stand between the dead and the living,—and the plague, was restrained.

49 And so it was, that they who died in the plague were fourteen thousand, and seven hundred,—besides them who died over the matter of Korah.

50 And Aaron returned unto Moses, unto the entrance of the tent of meeting,—when, the plague, had been restrained.

By murmur of the people of Israel against Moses and Aaron had aroused the wrath of Yahweh. It was a dangerous moment for all the Israelites. They despised the Almighty upon the return of the spies. And they wished to have remained in Egypt – what a terrible situation. And the plague followed. 14,700 people had already died when Aaron ran into the midst of them and brought the Holy Incense. Then, the plague stopped suddenly. Aaron had made an atonement for the people. The set apart Incense had caused the plague to stop – as an atonement.

We must understand this the right way – the people sinned and Yahweh was ready to destroy them for continued sin. The incense of the four resins – Myrrh, Onycha, Galbanum and Frankincense had its function fulfilled by the brave and obedient act of Aaron who acted on the command of Moses.

The next chapter reveals this:

8 And it came to pass, that on the morrow Moses went into the tabernacle of witness; and, behold, the rod of Aaron for the house of Levi was budded, and brought forth buds, and bloomed blossoms, and yielded almonds.

Thus, Aaron and his family were assigned the Temple duties upon this.

Let's have a look upon the oils (resins) of the Holy Incense more closely.

We have already covered Myrrh in the previous lesson.

Here the basics of that versatile oil from the resin gain:

Medical properties of myrrh: Powerful antioxidant, antiviral, anti-parasitic, antitumorale, anti-inflammatory, anesthetic, analgesic. Uses: all skin related problems like dry skin, dermatitis, chapped, cracked, wrinkles, stretch marks, etc.; tooth, gum infections; diabetes; cancer; fungal infections (Candida, eczema, ringworm); menstrual problems, hemorrhages.

To read all the features on myrrh, please refer to lesson #2.

Now we have Galbanum and Onycha. They were used as medicine in the Bible and both are mentioned only once in it. Galbanum comes from Persia (Iran) and is an aromatic resinous gum. The plant is called *Ferula gummosa* and grows in remote mountainous areas. To harvest the resin is hard work: People have to climb up the mountains and locate the plants that are related to the giant fennel and then make some cuts into the bark. Some 3-5 days later they come back and scratch the

aromatic resin off the bark and head on to collect the harvest from the next plant. Almost all the replanting into easier accessible areas has failed. So, the price for this resin or the essential oil distilled from it is quite high. About 10 pounds of the resin will produce one pound of essential oil when distilled with water (WD).

Galbanum (or Galban) belongs to the botanical family of Apiaceae or Umbelliferae (parsley). Its resin is collected from stem and branches. It is esteemed for its medical and spiritual properties.

It has high antiseptic, analgesic, antimicrobial, and also light antispasmodic properties, and stimulates circulation. The spiritual awareness is amplified with Galbanum. Its frequency rises dramatically in combination with frankincense or sandalwood.

Galbanum is used for emotional release and other emotional treatments for its property of harmonic balancing. It can be directly inhaled or diffused in the room, even taken as a dietary supplement, and is applied also direct on skin location. An American company offers 5ml of Galbanum for over \$70. In Europe the same amount and similar quality costs about half that price.

This oil, like some others of the Biblical oils mentioned here, requires training and a relationship with the Creator for proper use in fields like emotional release, to set trauma free, etc. Yet, some people just enjoy its fragrance.

Onycha is another name for Styrax. The botanical name of Styrax is Liquidambar orientalis. Its home is in the eastern Mediterranean. It is also, like Galbanum won from resins of the plant. About 15 kg resin material is necessary to distill (WD) one kg of essential oil.

Its medical properties are balsamic, wound-healing, anti-inflammatory, bronchitis treatment, calming nerves and pain of nerves, infections in the mouth, and eases menstruation pain. Skin parasites treatment, gargle (sore throat) and gum infections.

Styrax oil strengthens self-esteem and enhances competitiveness in a positive sense, eases paranoia and hysteria, also balances and harmonizes people in rage. It can be called a calming servant for your nerves. It also has the name Styrax benzoin in some regions.

Now we have seen the first three components of the Holy Incense. What do they have in common? Yes, right, they are all extracted from the resins of the relevant plants. It is no secret that also the fourth component, Frankincense, comes as a

resin. So, we have four resinous materials from these four plants. Resins tend to harden when exposed to air. When they are dried they can be grounded. Exodus 30:36 reads: And thou shalt beat some of it to powder... Here we have the solution. The Holy Incense was used in powder form. I will smolder easily, as almost all its water content has evaporated, while the flammable parts are still in the resin.

Now we come to an oil / resin, that all should know: Frankincense, also called Olibanum, or Oil from Lebanon. Frank is another name for “real” in medieval German and French. It is considered the holy oil in the Middle East and used in religious ceremonies for millennia. It was one of the of the gifts given to Yeshua at his birth. To all offspring of rulers and nobility, Frankincense was presented together with Myrrh due to their healing properties. The Myrrh was given really to the mothers – it was applied to the umbilical cord to prevent infections and helped the mother to treat her stretchmarks. Only people who possessed great wealth could afford it.

Frankincense (Latin name: *Boswellia carterii*) is from the botanical family Burseraceae. It has antitumoral, immuno-stimulant, muscle relaxing and antidepressant properties and is used against cancer, depression, infections and inflammations. Besides being immune stimulating, it also improves attitude and uplifts the spirit. F. increases spiritual awareness and meditation. Its sesquiterpenes stimulate the limbic system (brain center of memory and emotions), and induces production of vital hormones. Also used to ease and cure bronchitis, colds, sinus infections, kidney problems, asthma.

Frankincense is part of the blend IMMUNE we offer on our website <http://libanonlife.com/html/immune.html> It is enhanced by similar oils that enhance and promote strengthening of the immune system and also has further properties. You may go to the reports of readers who use it on Josephs website.

The plant *Boswellia thurifera* grows in southern Arabia and on the opposite African coastlands like Somalia.

Frankincense oil can be a path from the material world to the spiritual world. It opens the soul for the greater coherences and connections and promotes appreciation of creation, creatures, and the creator of all life. Ideal for personal Bible study and worship of Elohim. It is one of the “essentials” among the essential oils.

If you think about purchasing Frankincense, what I recommend, be sure to get genuine undiluted natural oil. This is really important, especially with this oil. If there is interest, we will offer a set of Myrrh and Frankincense on our webpage, soon. If you want this set, please relate this to Joseph in a brief email and we will see how the response will be and act accordingly.

We can do the same with other oils, the spices and some others. It is kind of a grassroots development here. As you are aware, there are needs to be fulfilled to go step by step to restoration of all things, as Peter prophesied in Acts 3:21: Whom the heaven must receive until the times of restitution of all things, which God hath spoken by the mouth of all his holy prophets since the world began. This happens in our day: the name, the names, the roots, restored scriptures like the Aramaic Peshitta, Shabbat and the feasts, and many more.

One tiny bit of the restoration are the essential oils that have slipped through our reading of scriptures for a long time, yet Yahweh gave the recipes to Moses, David, and Yeshua commanded his disciples to apply and heal the sick... In biblical times, the use of the oils was common practice, for set apart (holy) purposes, medical use and daily life.

I wish that we as His people will be able to leave things of our medical systems behind and turn to these precious oils of creation that have long been forgotten. We are not interested in starting a worldly focused company here, no, we offer knowledge and skill in this field of healing with oils and related means to share it with you and apply it. True healing comes from Yah, the designer and creator of the oils from plants. I have the privilege to have some knowledge about it and His Ruach enables me to understand and use His gifts. Please think about it. Some brothers from South Africa asked me to look for marketing of the geranium oil they produce near the South African border with Namibia. I will see to it, yet there are barriers. If one imports essential oils, the first thing is to analyze them. That can be quite costly, depending on how extensive the testing is. There is good Australian sandalwood oil available. A brother sent me some information and today I received an email where the company promised me to send a sample of their oil. In a conversation with Joseph the other week, he suggested to think about producing / bottling the oils in Israel. I pray about it. I talked with friends about this possibility and look towards further information. If you have interest to contribute or even be part of this, please let me know.

HOW TO RECOGNIZE A DECENT ESSENTIAL OIL

This is a big question, indeed. There is a lot of fraud and corruption all around the world, also in the essential oils business. As there is no single climatic region where all the plants grow from which the oils are distilled, there is no easy way to determine this. The first thing is packaging. The vial should have dark glass to prevent chemical reactions of the oil inside, when exposed to sunlight. There is dark blue glass, violet (almost black) glass and brown medical glass – these have good protective “filters”. Yet, some companies fill e. oils into clear glass bottles – keep off from those because the fillers obviously don’t know what they do.

Scripture requests that we take the best quality oils for service: “Salted, pure, holy” (Exodus 30:34). This is important to keep in mind.

If you go to a shop where the oils they offer are displayed in direct sunlight close to the window, go to the next – the light and the high temperature may already have destroyed the oils.

Distillation is another criteria: WD – water distillation can be done various ways – the best is by slow and low temperature. This costs more than a quicker distillation with higher temperatures. But the latter will have destroyed the more volatile constituents of the oil. Most distillers don’t use ceramic stills, which are the best; but all sorts of metal built ones. Stainless steel seems to be right, but copper stills will always leave traces of metal and oxidation bits in the oil.

Another method is by CO2 extraction at low temp and high pressure. These oils contain no undesired heavy metals or other substances like chemicals, etc. You see, it is almost impossible to quickly find out good quality oil. This takes usually some years of experience – and a trained nose, as well as good results with the application of oils.

The chain from the farmer to the distiller to the filler of the oils to the dealer and then to the user of the oil is long and leaves a lot of opportunities for falsification, etc. So, personal relationships are important.

Well, there are needs for oils in some places where restrictions apply and it is quite difficult to get them there. I had an order from Sri Lanka. There is no PayPal service. Also, if the shipment arrives there at the customs, the duty and tax add up to 300% of the actual value of the shipment. Now, the average income there is about 100 Euro or US \$140. You can imagine how difficult it is to get that sorted out. At the same time, the Dengue plague is a terrible disease in that region and apparently in other subtropical and tropic countries with similar climate, too. I noted that last week and asked for prayer for wisdom. I did some research and prayer and have made a composition of 11 oils that will hopefully be effective to prevent Dengue infection. Please pray that these oils will get there without problem and that Yah may bless them for healing. Thank you.

To conclude this lesson, I like to go to James 5:14 Is any sick among you? let him call for the elders of the church; and let them pray over him, anointing him with oil in the name of our Master Yeshua. How often does this happen in your congregation?

Next week we will cover a unique oil. The plant was mentioned in various books of the Bible. This time, I like to make it a riddle and would appreciate that you write to me what you think about the oil / plant mentioned in Exodus 12:22; Leviticus

14:4,6; John 19:29; Heb 9:19; amongst other scriptures. The riddle is contained in Psalm Ps 51:7 "Purge me with hyssop, and I shall be clean: wash me, and I shall be whiter than snow." The word "purge" in this Psalm with Strong's number 02398 is chata' khaw-taw' and can stand for sin, purify, cleanse, sinner and some other meanings. Here, it has the meaning of "purify" and/or "cleanse". Now, what has hyssop to do with purification or cleansing from sin? Please let me know your opinion.

You can write to Joseph or to me at info@libanonlife.com You can also write here directly to let me know if you are interested in certain oils, hands on training, and suggestions how to organize it to serve people in need for a source of biblical essential oils; and what your part in this could be.

Thank you & Shalom from Holger

For ordering oils go to http://libanonlife.com/html/order_oils.html