

The Pill – Does it Work like you Think?

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1st day of the 7th month 5846 years after creation

The 7th Month in of the first year of the third Sabbatical Year

The Third Sabbatical Year of the 119th Jubilee Cycle

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A number of weeks ago I urged you all to search your soul and to ask Yahovah to cleanse you of your secret sins as we approach this most special time of the year. This means you had to be willing to look and change when you found them. As we enter the period of time known as the 10 Days of Awe and deep repentance I wanted to share a letter I received from a reader who did exactly that. She asked Yahovah to show her, her secret sins. She then wrote me and shared this letter with me and has allowed me to share it with you all. She is a Doctor in South Africa and has given me permission to share it.

Daily Mail | August 3 One Thousand Girls on Pill at 11

The number of pre-teenage girls on the pill has increased fivefold in the past decade, shocking figures reveal. Last year doctors prescribed the oral contraceptive to more than 1,000 girls aged 11 and 12, usually without their parents' knowledge.

Another 200 aged between 11 and 13 were given long-term implanted or injectable contraceptive devices on the [National Health Service].

Family campaigners said the figures showed how children were being sexualized at an ever younger age and raised disturbing questions about the prevalence of underage sex. Although the age of consent in Britain is 16, GPs are allowed to prescribe the pill to children if they believe an underage girl is mature enough to have sex. And under the laws of patient confidentiality, parents have no right to be told if their children are being given the pill. ...

The database also reveals that at least 58,000 children aged 15 were on the pill last year compared with 23,000 in 1999. Hundreds of children under 16 were using other forms of longterm contraception, the figures show.

Dr. Trevor Stammers, a GP and chairman of the Christian Medical Fellowship, said ... "If sex education is introduced at primary schools in the way being proposed, we will see many more

11-year-olds seeking contraception, and if we pay GPs to give out contraception without pointing out the risks we are going to make matters worse.” ...

Facts about the oral combination pill / contraceptive:

(Please note that this may not be suitable for children)

It is with sadness in my heart that I write this. I have been prescribing the oral combination pill for over 12 years in general practice. I thought it was “safe” – because of what I have been taught in medical school that the combination pill “only prevents ovulation”. If one would miss a pill one could fall pregnant and then “one could just have a baby”. That was the advice I gave all my patients, that if you missed a pill there was only an increased risk to fall pregnant... I never knew about the rest.

During my internship in 1997, the law in South Africa was changed and abortions were legalized. Fortunately, I was never forced to do any abortions while working in the public service. During my rotation in Gynecology I have done a lot of “womb scrapings” or D&C’s after spontaneous miscarriages, I can still remember it clearly. During my private practice years I was totally against any form of contraceptive which could prevent a fertilized egg from implanting in the uterus lining, like the “morning after pill”, the IUD and a very popular intra uterine device with progestin in. But I never realized that there was more about the oral combination pill that I did not know of. As far as I knew it only prevented ovulation. (Ovulation is the process in a female’s menstrual cycle by which a mature ovarian follicle ruptures and discharges an ovum ,also known as an oocyte, female gamete, or casually, an egg.)

After a huge fire at the pharmacy next to my practice in June, I started to ask the Father if there was any sin in my practice or in my life that I needed to repent of. And then one morning, while brushing my teeth, I started to wonder about the Pill and the Word. I started to do research and told my husband that I could not find any scriptural confirmation for the use of contraceptives in the Word. I had a strange feeling that I was working against what YHWH said in His Word – I kept on remembering : “be fruitful and multiply”...

Genesis 1:28 Then God blessed them and said, “Be fruitful and multiply. Fill the earth and govern it. Reign over the fish in the sea, the birds in the sky, and all the animals that scurry along the ground.”

Genesis 9:1 And God blessed Noah and his sons, and said unto them, Be fruitful, and multiply, and replenish the earth.

Genesis 9:7 And you, be ye fruitful, and multiply; bring forth abundantly in the earth, and multiply therein.

Exodus 1:7 And the children of Israel were fruitful, and increased abundantly, and multiplied, and waxed exceeding mighty; and the land was filled with them.

Leviticus 26:9 For I will have respect unto you, and make you fruitful, and multiply you, and establish my covenant with you.

Deuteronomy 7:13-14 And he will love thee, and bless thee, and multiply thee: he will also bless the fruit of thy womb, and the fruit of thy land, thy corn, and thy wine, and thine oil, the increase of thy kine, and the flocks of thy sheep, in the land which he swore unto thy fathers to give thee.

Ezekiel 36:11 And I will multiply upon you man and beast; and they shall increase and bring fruit: and I will settle you after your old estates, and will do better unto you than at your beginnings: and ye shall know that I am the LORD.

Jeremiah 23:3 And I will gather the remnant of my flock out of all countries whither I have driven them, and will bring them again to their folds; and they shall be fruitful and increase.

Jeremiah 29:6 Take wives, and father sons and daughters; and take wives for your sons, and give your daughters to husbands, that they may bear sons and daughters; and multiply there, and don't be diminished.

Nehemiah 9:23 Their children also multiplies thou as the stars of heaven, and broughtest them into the land, concerning which thou hadst promised to their fathers, that they should go in to possess it.

Then the truth came and it had hit me straight in my face. I learned about a term called "ovulation break through". This means that even when the Pill is taken correctly (not skipping now and then), one could still ovulate, some studies have shown a 2-5% chance. But what concerned me more was the fact that there was a "third mechanism of the pill which changes the endometrium to prevent a blastocyst (an embryo or a fertilized egg) from implantation". Even if there was a very small chance that one could ovulate, conceive and then lose the embryo/blastocyst, because it could not implant, I could not endorse the use of it anymore. Unfortunately the facts were crystal clear in front of me, that it could cause an early abortion, before implantation.

A quotation from "Contraception your questions answered", by John Guillebaud, 3rd Edition, Page 98, Question 4.4: What are the main mechanisms of contraceptive action of the combined pill? "The COC has a very similar primary action in most women namely the prevention of ovulation... The other mechanisms shown – reduction in sperm penetrability of cervical mucus and of the receptivity to the blastocyst of the endometrium – are primarily back up mechanisms for the COC." This means when the first and second mechanisms fail, it could still prevent a pregnancy by preventing a fertilized egg from implantation.

So the question is: when does life start?

Life starts when a sperm fertilizes an egg, i.e. conception. This process ultimately leads to the formation of a diploid cell called a zygote. The zygote begins to divide and form a blastocyst and when it reaches the uterus, it performs implantation in the endometrium. Implantation occurs 7 days later into the uterus lining/endometrium. The fertilized egg needs nutrients and oxygen from the mother's womb to live and to grow. According to Wikipedia -the term "conception commonly refers to fertilization, the successful fusion of gametes to form a new

organism. 'At this point the female's pregnancy has begun. If the embryo implants in any tissue other than the uterine wall, an ectopic pregnancy results, which can be fatal to the mother. (Conception' is used by some to refer to implantation and is thus a subject of semantic arguments about the beginning of pregnancy, typically in the context of the abortion debate.)"

I realized that after all these years of prescribing the Pill, I could have blood on my hands. Isaiah 1:15 And when your hands are stretched out to me, my eyes will be turned away from you: even though you go on making prayers, I will not give ear: your hands are full of blood. I struggled to pray to my Father, I cried for almost a week and then I repented. I told my husband that I could not go back to work, as I could not prescribe the Pill anymore. I was devastated, I just didn't know this before. I realized that I needed to do research as to have my facts straight, before I could tell anyone and then I found this wonderful article by Randy Alcorn on the internet: <http://www.juntospelavida.org/bcpill1.html>. It is very well researched, evidence based and scientific. I just praised the Father because everything was already researched and available for me. I just had to see the truth. I have also asked a representative of one of the major pharmaceutical companies which sells the Pill if they had any trials available on "ovulation breakthrough". The Rep immediately knew the term and said she would get the information from the company and would get back to me. It was already 3 weeks ago, but I have received nothing yet.

I also discovered an organization called "Doctors for life". They are an international pro-life organization and they have offices in South Africa as well. I spoke to the CEO in South Africa and asked him what their views were of the oral combination pill. He explained to me the pill's 3 fold mechanism of action in the body and said that they cannot endorse it either, because there was a probable 2-5% chance of ovulation breakthrough on it and without implantation it could act as an abortifacient. I became a member of the organization. They have 1300 members (doctors) in SA only. I was surprised and upset and because I thought I was the only doctor that felt this way.

Now, after a few weeks I feel much better. I am still not really ready to face all my patients. And yes, I am still scared to look into their faces, them asking me 'why did you not tell me this before'? But then I read Ezekiel 3, and I realized that I had to tell them the truth and I had to warn them. If I did not do it, Abba would use or send someone else. It is really hard to say to patients that I was wrong and that I did not know. But I am so thankful that the Father made this known to me to repent and turn away from it in time. 2 Corinthians 7:9 I now rejoice, not that you were made sorry, but that you were made sorry to repentance.

Please read these facts and then you can decide for yourself if this is still something that you want to use. Please pass it on, share it, so that a patient somewhere, can make an informative decision. The articles on the internet are freely available. I have even got plenty of the information from Wikipedia.

To conclude, there is a chance even when you take the Pill as prescribed, that you could still ovulate and fall pregnant. Or ovulate, conceive and then loose the little life because it could not implant on the lining of the uterus, because of the third mechanism of the pill. Without

implantation one cannot test for the hormone, B-HCG, to confirm the pregnancy. People and doctors will tell you the chances are very small. But you need to decide for yourself now that you know the truth. Even the “smallest chance” is still too much for me.

I pray that YHWH would open our eyes and ears, so that we will start to test everything. These days are evil days, where we all eat of this tree of knowledge, the Tree of The Knowledge of Good and Evil. Maybe this was my biggest lesson to learn, I had to realize that all knowledge or science, could either be good or evil.

By the way, I have never read in my Bible that God said that it was ok to stop being fruitful when we gained enough knowledge to change our bodies natural functioning as to fit our own selfish lifestyles. We are living in a time where we are “lovers of ourselves”. And I include myself in this comment.

My YHWH forgive us!

Dr Jeanette
MBChB

South Africa

Some more info from Wikipedia:

Wikipedia -Mechanisms of contraception

Mechanism of action

Combined oral contraceptive pills were developed to prevent ovulation by suppressing the release of gonadotropins. Combined hormonal contraceptives, including COCPs, inhibit follicular development and prevent ovulation as their primary mechanism of action A secondary mechanism of action of all progestagen-containing contraceptives is inhibition of sperm penetration through the cervix into the upper genital tract (uterus and fallopian tubes) by decreasing the amount of and increasing the viscosity of the cervical mucus Other secondary mechanisms have been hypothesized. One example is endometrial effects that prevent implantation of an embryo in the uterus. Some pro-life groups consider such a mechanism to be abortifacient, and the existence of postfertilization mechanisms is a controversial topic. Some scientists point out that the possibility of fertilization during COCP use is very small. From this, they conclude that endometrial changes are unlikely to play an important role, if any, in the observed effectiveness of COCPs.[60] Others make more complex arguments against the existence of these mechanisms,[61] while yet other scientists argue the existing data supports such mechanisms.[62] The controversy is currently unresolved.

The Pill was approved by the FDA in the early 1960s; its use spread rapidly in the late part of that decade, generating an enormous social impact. Time Magazine placed the pill on its cover in April, 1967.[92] In the first place, it was more effective than most previous reversible methods of birth control, giving women unprecedented control over their fertility.[citation needed] Its use was separate from intercourse, requiring no special preparations at the time of sexual activity that might interfere with spontaneity or sensation, and the choice to take the Pill

was a private one. This combination of factors served to make the Pill immensely popular within a few years of its introduction.[11][18] Claudia Goldin, among others, argue that this new contraceptive technology was a key player in forming women's modern economic role, in that it prolonged the age at which women first married allowing them to invest in education and other forms of human capital as well as generally become more career-oriented. Soon after the birth control pill was legalized, there was a sharp increase in college attendance and graduation rates for women.[93] From an economic point of view, the birth control pill reduced the cost of staying in school. The ability to control fertility without sacrificing sexual relationships allowed women to make long term educational and career plans.

Because the Pill was so effective, and soon so widespread, it also heightened the debate about the moral and health consequences of pre-marital sex and promiscuity. Never before had sexual activity been so divorced from reproduction. For a couple using the Pill, intercourse became purely an expression of love, or a means of physical pleasure, or both; but it was no longer a means of reproduction. While this was true of previous contraceptives, their relatively high failure rates and their less widespread use failed to emphasize this distinction as clearly as did the Pill. The spread of oral contraceptive use thus led many religious figures and institutions to debate the proper role of sexuality and its relationship to procreation. The Roman Catholic Church in particular, after studying the phenomenon of oral contraceptives, reemphasized the stated teaching on birth control in the 1968 papal encyclical *Humanae Vitae*. The encyclical reiterated the established Catholic teaching that artificial contraception distorts the nature and purpose of sex.[94] A backlash against oral contraceptives occurred in the early and mid-1970s, when reports and speculations appeared that linked the use of the Pill to breast cancer. Until then, many women in the feminist movement had hailed the Pill as an "equalizer" that had given them the same sexual freedom as men had traditionally enjoyed.

This new development, however, caused many of them to denounce oral contraceptives as a male invention designed to facilitate male sexual freedom with women at the cost of health risk to women.[95] The United States Senate began hearings on the Pill in 1970 and there were different viewpoints heard from medical professionals. Dr. Michael Newton, President of the College of Obstetricians and Gynecologists said:

"The evidence is not yet clear that these still do in fact cause cancer or related to it. The FDA Advisory Committee made comments about this, that if there wasn't enough evidence to indicate whether or not these pills were related to the development of cancer, and I think that's still thin; you have to be cautious about them, but I don't think there is clear evidence, either one way or the other, that they do or don't cause cancer." [96] Another physician, Dr. Roy Hertz of the Population Council, said that anyone who takes this should know of "our knowledge and ignorance in these matters" and that all women should be made aware of this so she can decide to take the Pill or not.[97] The Secretary of Health, Education, and Welfare at the time, Robert Finch announced the federal government had accepted a compromise warning statement which would accompany all sales of birth control pills.[97] At the same time, society was beginning to take note of the impact of the Pill on traditional gender roles. Women now did not have to choose between a relationship and a career; singer Loretta Lynn commented on

this in her 1974 album with a song entitled “The Pill”, which told the story of a married woman’s use of the drug to liberate herself from her traditional role as wife and mother.

Environmental impact

A woman using COCPs excretes from her urine and feces natural estrogens, estrone (E1) and estradiol (E2), and synthetic estrogen ethinylestradiol (EE2) into water treatment plants. [98] These hormones can pass through water treatment plants and into rivers. [99] Other forms of contraception, such as the contraceptive patch, use the same synthetic estrogen (EE2) that is found in COCPs, and can add to the hormonal concentration in the water when flushed down the toilet. [100] This excretion is shown to play a role in causing endocrine disruption, which affects the sexual development and the reproduction, in wild fish populations in segments of streams contaminated by treated sewage effluents. [98][101] A study done in British rivers supported the hypothesis that the incidence and the severity of intersex wild fish populations were significantly correlated with the concentrations of the E1, E2, and EE2 in the rivers. [98] A review of activated sludge plant performance found estrogen removal rates varied considerably but averaged 78% for estrone, 91% for estradiol, and 76% for ethinylestradiol (estriol effluent concentrations are between those of estrone and estradiol, but estriol is a much less potent endocrine disruptor to fish).[102] Effluent concentrations of ethinylestradiol are lower than estradiol which are lower than estrone, but ethinylestradiol is more potent than estradiol which is more potent than estrone in the induction of intersex fish and synthesis of vitellogenin in male fish.[103]

The Mirena is intended to initially release a daily dose of 20 micrograms levonorgestrel (a progestin). No single mechanism accounts for the effectiveness of the IUS in preventing pregnancy; it has several effects on the reproductive system:

- Frequency of ovulation is reduced.[8]
- Cervical mucus is changed to obstruct passage of sperm through the cervix.[9]
- The presence of a foreign body in the uterus prompts the release of leukocytes and prostaglandins by the endometrium, substances that are hostile to both sperm and eggs.[10]
- Some physicians believe these substances are also hostile to very early embryos.[11] • The endometrium is thinned.[9] It has been suggested that this inhibits implantation of embryos, though no experiment has yet confirmed or disproved this theory. Because many pro-life individuals and organizations define fertilization as the beginning of pregnancy, this possible secondary mechanism of action has led some pro-life individuals and organizations to label the IUS an abortifacient.