

Into Egypt and out

 sightedmoon.com/sightedmoon_2015/

By Joseph F. Dumond

August 14, 2009

Essential Oils Introduction by Holger Grimme Host: Joseph Dumond
SHALOM TO ALL NEW ESSENTIAL OILERS

Lesson 2: Into Egypt and out

When Joseph, son of Jacob, was sold for 20 pieces of silver by his jealous brothers to the Midianite traders who passed by with their caravan, the bible mentions the commercial side of essential oils for the first time. Read Genesis 37 for the details. The first mention of a resinous plant may be in Genesis 2:12 though. It is called bdellium and is also in Numbers 11:7, where it is compared to have the same color as manna.

Verse 25 of Genesis 37 tells us that a “passing by company of Ishmaelite came from Gilead with their camels bearing spicery and balm and myrrh, going to carry it down to Egypt.” That tells us about a nearby trade route in the area where Jacob and his family settled. Spices, balm and myrrh were transported from Gilead down to Egypt as merchandise. Joseph traveled along with such a caravan, and he was also considered as merchandise by the masters of that caravan who sold him to Potiphar, an officer of the Pharaoh.

Years later, Jacob sent the same aromatic oils and spices as a gift to the rulers of Egypt, unknowingly that it was his son Joseph who received it. Genesis 43:11 reads: And their father Israel said unto them, if it must be so now, do this; take of the best fruits in the land in your vessels, and carry down the man a present, a little balm, and a little honey, spices, and myrrh, nuts, and almonds...

Essential oils played a far bigger role in daily life of the Middle East in Biblical times than we are aware of. And there were dozens of different plants from which they were extracted. Sources from Egypt, Israel, Arabia, Persia, Greece, Rome, Babylonia, Sumerians, and others tell us that they were part of daily life for the people of these cultures and nations. The Israelites were familiar with these fragrant parts of plants; yet, the Bible is vague about their usage, as it was written to focus on Yahweh's Word.

The oldest known medical record, the Ebers Papyrus, an ancient Egyptian listing of 877 prescriptions and recipes, dating from the 16th century BC, mentions numerous essential oils used in those days. In his book *Healing Oils of the Bible*, my mentor and friend, Dr. David Stewart, puts it like this: “It would be like reading a book on the church leaders and religious beliefs of the 20th century America and searching it for references to the medicines, deodorants, and perfumes used by modern Christians. Aspirin was probably the most powerful analgesic of that time. Yet, would a theological history of the 1900s mention aspirin? ... why explain something that everybody already knows about?” Thus, the Bible

only occasionally mentions the oils, as in those days everybody was familiar with them on a daily basis.

Balm, myrrh and spices were used for a wide range of applications. Spices were not in the ground form like we know them today. The term spices in the Bible apply to oil, gums, and resins, and also to whole dried spice plants. Spices used for burial refer in the Bible to oils, not dried plants. See II Chronicles 16:14; Mark 16:1; Luke 23:56, and John 19:40. The term myrrh (mor in Hebrew) here in Genesis probably does not refer to the myrrh of Cush – the East African coastlands of Somalia and the Arabian peninsula, but rather to a now extinct similar desert plant that grew in those days in Gilead and around. Some Bible translations do not use myrrh in Genesis but instead the words “gum” or “resins” (the New Revised Standard Version).

The original Hebrew uses the word “lot” that refers to the Rose of Sharon (*Cistus ladanifer*), also called “rock rose” or “cistus”. *Cistus* produces a medicinal resin and oil with some of the same properties as true Myrrh. Myrrh is often used in blends with other oils, like *cistus* to enhance the effectiveness of both oils. The confusion of exact plant species was wide spread – various Bible translations use different species for the same plants. A rose can be interpreted thus into a dozen different species. Different languages assign different names and titles to the same plants. Some attribute the optical appearance, others the scent and again others seasonal attributes, etc. Thus, it is difficult, if not impossible to find out the exact botanical name of the plants mentioned in the Bible. Only Carl von Linné (1707-1778), a Swedish botanist also known as Linnaeus, brought order into the confusing names of species by assigning each species a distinct Latin name consisting of two words. Let's continue with the Bible. At the end of Genesis we witness in chapter 50 the first application of essential oils in the Bible. Jacob had come to Egypt when his son Joseph, then ruler of Egypt, had invited him and his family reunited in Egypt. When Jacob (Israel) died, Joseph treated him like royalty and had his body embalmed by Egyptian physicians. This process took 40 days. The oils used for this process were frankincense, myrrh and cedar wood, as well as others such as cinnamon, rosemary and juniper. Over thousand six hundred years later, in New Testament times, sandalwood / aloes (John 19:39) that origins from India, and also Basil were applied in burial oils. The Bible does not tell us, if there was sandalwood at the time of Jacob, but it points us to another witness: the book of Yashar (the book referred to in Joshua 10:13 and in 2 Sam 1:18, sometimes with another, translated title) clearly states that there were aloes used in Egypt at the time when Genesis happened. Zelicah, the wife of Potiphar was using it amongst other oils to seduce Joseph (Yashar 44:49). I very warmly recommend you read that book. It helps to gain understanding – there is also a messianic version using the right name for online reading & available in English. Go and google for it. Some years ago I had not such a pleasant result when looking for it in German, it apparently did not exist in this language. I was quite upset – the last Hebrew version had been done 1898 in Berlin ? but no German one to find. I said to myself, “In was für einem Volk lebe ich?” Among what a people do I live? So I prayed and immediately began to translate and then published it.

Sandalwood was recently regulated in India and strictly prohibited to harvest due to overuse or illegal abuse by people who had no right to cut it. That was a good step to save the plant *Santalum album* from extinction, yet on the other hand the price shot up like a rocket into the sky. There were times not long ago when 10 ml cost about 8 Euro a vial, today one can be happy to get the real *Santalum album* essential oil for about 60 Euros. All the rest of oils that are called sandalwood come from other plants, like amyris from the West Indies or some oils harvested in New Caledonia and other lands. Sandalwood is also grown in southwestern

parts of Australia to where the plants had been imported from India some decades ago. To distill one pound of sandalwood oil, only 20 pounds of its fresh wood are necessary. The properties of sandalwood are versatile: infections and inflammations are treated, it regenerates skin tissue, is aphrodisiac and expectorant and cures many diseases in the stomach and intestinal. Also is it good against various skin diseases, itching and venereal diseases.

Sandalwood strengthens imagination and stimulates creativeness. It leads from the small restricted personality area to far wider coherences. It causes euphoric feelings, inner calmness and delivers contentment. It is balm for the soul and awakens spirituality. A German aroma therapist said concerning sandalwood, its message is, "I show you the way to God!"

The Bible verses where sandalwood is mentioned use its other name: aloes. It is romantic to read about aloes in the Bible, as several places mention its aphrodisiac properties: Ps 45:8 All thy garments smell of myrrh, and aloes, and cassia, out of the ivory palaces, whereby they have made thee glad. And Proverbs 7:17 ? I have perfumed my bed with myrrh, aloes, and cinnamon. ? Here we see again that it is misused by an adulterous woman. Yet that does not mean that the oil is bad – it was made originally for the purpose to give heavenly joy to spouses by Abba. The accuser always tries to have mankind apply precious things of Yahweh in a sinful way. Again, in Songs of Songs 4:14 it reads, "Spikenard and saffron; calamus and cinnamon, with all trees of frankincense; myrrh and aloes, with all the chief spices... 15 A fountain of gardens, a well of living waters, and streams from Lebanon." Read this beautiful Bible and find the treasures in it. Have you been to Lebanon ever? See the Bible for Lebanon quotations – it is a very beautiful country, indeed. Please read the article on Lebanon with the title: The Significance of Lebanon for Christians during the End times on this webpage, <http://libanonlife.com/html/english.html>

Finally, there is John 19:39 "And there came also Nicodemus, which at the first came to Jesus by night, and brought a mixture of myrrh and aloes, about an hundred pound weight." Do you know what that means? Here we come to real wealth. Today we know what some liters or gallons of gas for our car cost, or the price of milk, wine or other beverages. But what about essential oils? Normally, we have no clue about these prices. 10ml of myrrh cost around 8?10 Euros. I already mentioned the price of aloes (=sandalwood) before: 10ml of

aloes cost around 60 Euros. A pound is about 453ml. If we calculate the mixture to be 50:50, we easily compute the total price for what Nicodemus brought to be worth 187,000 Euros, or 228,000 dollars retail today. This reveals that Nicodemus was indeed a wealthy man who loved his master Yeshua, and he truly honored him with this gift towards his burial. Let us now go a bit further and come to the set apart oils – set apart by our Elohim Yahweh. They are part of the holy (set apart) anointing oil as revealed to Moses around four centuries later, when the family of Jacob had grown into a people with over 600,000 adult males alone plus probably the same number of women and even more children. Altogether a people of some 2?3 million. In order to appreciate the following, please turn to your Bibles and read Exodus 30:26?29; 40:9?11; Leviticus 8:10?1, and Numbers 7:1. Moses anoints the tabernacle and all things inside to set them apart (sanctify them), including the Ark of the Covenant.

Here the Creator of all things demonstrates His loving and knowing relationship to His people by instructing Moses exactly how the Holy Anointing Oil had to be composed. It was forbidden strictly that anyone to make it, except those who were called to compose it. Read in Exodus 30:23?24 the composition: Myrrh, cassia, cinnamon, calamus and native Olive oil. This composition is high in phenylpropanoides and would have been an excellent disinfectant, think about all the Levites sharing the laver and handling the animal sacrifices day by day. Yet, there is far more to this... we will discover it oil by oil, step by step. Yet let's step aside briefly and imagine. Words will not convey the meaning to you I like to express now. These oils just mentioned have become good companions of mine over the past years. I just have to access my oils cabinet and take out the relevant bottles to take a sniff – beautiful and indescribable to witness the time of the tabernacle and the Temple, even though this is not His presence, it gives the nose and therewith the subconscious a whiff of what the surroundings of Abba's dwelling were like. Add some fresh twigs and leaves of the plants to it – they were strewn daily fresh onto the stone floors and the people walking over it crashed the aromatic cells of the plant parts, releasing their fresh scent. Add the sound of the Levite choir to it for your ears – the playing of their harps could be heard as far as Yerikho. Order and beauty flowed from there. As the nose is “wired” as the only of our senses directly to the subconscious parts of our brain, we can immediately recall a similar situation from childhood vividly when the amygdale has received the scent. Also, deep trauma can be released this way, triggered by the scent of certain oils that cause the subconscious to be ready to deal with such. Certainly, prayer will help with the release of such trauma and turn a person that does never live up to its full potential due to unconscious barriers to a truly freed person. Remember this: Feelings buried alive never die. We are entering here into a deep zone where we can only scratch the surface. By Abba's loving grace it is possible to remove these veils that cover the area. Yet, there are conditions we have to meet if we want to experience this emotional release or even apply it by assisting others to release all the garbage that keeps them suffering. These conditions are to have knowledge and training and experience with applying Abba's gift of the essential oils. This is the base. And it becomes more demanding if that has been accomplished. It is only by the leading of the Ruach haKodesh that people are able to truly release other people from deep seated trauma. He leads, not the best therapist can do this on his / her own. And if they try,

oh poor client, don't even attempt to go to such a therapist, or you will end up worse than before. Healing is holy. It is a holy act as true healing comes from Yahweh alone. There are "quick fixes" with other means, like pharmaceuticals – they are designed to kill the messenger that comes from the area of sickness in the body to report the situation to the relevant part of the brain, but they never arrive to tell because the drug kills them before. The oils are different, they go to the "root" and work on cellular level to correct false information in the DNA, clean the receptor cells, etc. The man made drug however does never heal but continues to tell lies to the body. They get by with that for a while, but after a while a big health problem has built up by all the ignorance and deception. That is usually the time when many must be driven with sirens to the hospital where they try to add even more drugs or make their sections to eliminate the problem for a while... Dear reader, what I like to make you aware here is this: with the set apart anointing oil we have entered the area of oils that are not only for the body, but also for the soul. This holy anointing oil is followed by the formula for the set apart incense. These two formulas consist of the some of the most essentials in the sense that they are very important for our life, having healing capabilities beyond human understanding. And this is the situation: not one of all the essential oils has been completely researched into every detail of its composition, all its healing capabilities, etc. Yet, this is human science. It is not so important. Or do you think that the disciples made degrees in medicine, chemistry, anatomy or even pharmacy before they went out with the oils to heal the people they also witnessed to? They just applied the Word (Miltha in Aramaic) together with the anointing of the oils they carried along, and they were cleansed and healed. Yeshua gave life to the people he healed in the original Aramaic New Testament, so the healing was a side effect. In the Aramaic NT the second part of Luke 17:19 reads "Your faith has given you life." Yeshua said this to the one leper who returned to him after all ten were healed. What is more important: Life or healing?

WHAT IS A SET?APART (HOLY) OIL?

What makes oil holy? That to answer needs investigation of the Bible. All parts in an oil blend must be of best quality. This was researched by the Levites who were responsible for purchasing and handling the oils. Especially for the olive oils that was used as a base oil for the Holy anointing oil and the Holy (set apart) Incense there are stipulations that the contained olive oil had to be of best quality of the first pressing (native) with not crushed kernels. And the formula was strictly forbidden by anyone else to use by penalty of death. In a fallen world, there are many ways to dilute some oil in order to make profit. So it needs more knowledge and experience than I could write here to distinguish. Please remember, this is an introductory course.

With the application of the oils, it is important that the person who anoints knows the oils, the techniques and especially that he / she applies it with a clean heart in fear of Yahweh. Knowledge, experience, and discipleship are prerequisites. "Love your neighbor like yourself..." Intention is important: serving a person, or is it for money, glory or other reasons? We have no organized priesthood these days after 2000 years of darkness since Mashiyach

went to heaven. The systems of the world have penetrated the church and there are thousands of sects that even fight one another.

The state is complete disorder, disobedience and only very few are heeding the Word (Aramaic: Miltha) of Elohim Yahweh as outline for their actions. All creation groans... The holy way is to anoint in order to give glory to YHWH. This is the answer in a nutshell. Anointing is a priestly act. Healing comes from Elohim, not the person who applies the oils. Both, the oil and the giving person are instruments of YHWH that need to meet His demand. If that is not so, it is not holy (set apart).

As I mentioned earlier, there are about 70 essential oils that one needs in aroma therapy. I will not be able to explain all of these within this introductory course. We offer an intensive course on essential oils to learn and apply the oils from September 17-20 in Treuchtlingen, a city north of Augsburg in Bavaria, Germany. Next intl. airport is Munich. English translation is offered. It is a hands-on course with these topics: Healing Oils of the Bible, chemistry of essential oils, applying anointing massages to feet and back, massage techniques everyone can do, introduction to emotional release. It will be demanding and people who come should not have any other obligations during those days in order to fully concentrate on the course. It will be held in the community premises of an evangelical church. Accommodation is from 20-45 Euros in the surroundings in walking distance. That is very inexpensive for German standard. Details are to be posted in English on the website where we also offer the oils. Participant's requirements: Followers of Yeshua. Course aim: to enable people with little or no knowledge / experience in essential oils application to get a base from which they can further develop anointing in biblical way by applying the learned and further independent study, readings.

In the following, we will take a close look at the oils of the HOLY ANOINTING OIL and their properties.

MYRRH – Commiphora myrrha; Botanical Family: Burseraceae (Frankincense)

Plant origin: Somalia, Yemen, southern Arabia. Myrrh is steam distilled or extracted with alcohol from resin & gum. The oil is composed of Lindestrene (30-45%), Curzerene (17-25%), Methoxyfuranogermacrene (5-9%) Furanoidesma (4-8%). To distill 1 pound of essential oil, 10-15 pounds of myrrh resin is required. The distillation can happen after long transportation ways to the still, unlike oils that are being distilled from petals or leaves which has to be done locally in order to prevent loss of the essential oils contained in the biological mass. Thus myrrh is distilled also in Germany, France, and other countries where the plants don't grow.

Myrrh is mentioned in the Ebers Papyrus (16th century BC) and in "Hildegard's Medicine" by Hildegard von Bingen (1098-1179), an early German herbalist of the Benedictine order.

Medical properties of myrrh: Powerful antioxidant, antiviral, antiparasitic, antitumorale, anti-inflammatory, anesthetic, analgesic.

Uses: all skin related problems like dry skin, dermatitis, chapped, cracked, wrinkles, stretch marks, etc.; tooth, gum infections; diabetes; cancer; fungal infections (Candida, eczema, ringworm); menstrual problems, hemorrhages.

The fragrance enhances spiritual awareness and is uplifting; stimulates the limbic system of the brain (center of memory and emotions) as well as hypothalamus, pineal and pituitary glands. Here (hypoth.) is the master gland of the body, producing many vital hormones including thyroid and growth hormones. Myrrh opens the door to the spiritual realm; ideal for people who are too much concerned with the material and sensual world. It is a bridge to the spiritual world, but without denying the material.

Myrrh's message: "Let your soul grow wings!" Myrrh is versatile. One superb property of myrrh is to be an excellent "team player" for oil blends. It will prolong the lifetime of all other oils that it is blended with and enhances the other oils in their functions. Myrrh is like a silent and diligent servant, always serving and promoting others.

HOW TO FIT 10 TONS OF ONIONS INTO A 1 LITER BOTTLE? LET ME SHOW YOU:

Some people enjoy cooking with essential oils. But be cautious if you try – you will need much less than you think. In the beginning, I spoiled good meals by adding a drop too many. The essential oil of a spice plant is actually what we smell and taste when we add spices to a meal. Consider essential oil of the onion for example – The onion/*Allium cepa* has only 0.01% of essential oils content. So you will need 10,000 kilos of fresh onions to produce 1 kilo of the oil. The concentration is 1:10,000. This is great for storage. Many industrial sized meat processing plants use this advantage. They just need one liter (=one quart) of the essential onion oil versus ten tons of onions. That saves a lot of storage place – and essential oils do not rot like onions can. But with cooking, a little 10 ml flask of the size of a thumb contains the biting power of 200 pounds of onions. There are usually 200 drops of oil in a 10ml vial of essential oil. Even if you have a big family and accordingly big pots and pans in your kitchen, you will never ever need 200 pounds of onions for a single meal. Don't go for the size of the small flask of the oil. So, how can you cook with essential oils? It is quite easy. Just take a larger bottle of olive or other cooking oil and drip a few drops of essential oil into it. Just do the math of the proper proportion. Yet, you have to be aware that every oil has a different ratio. Garlic has 0.3 % of essential oils in its natural form. Thus the ratio is around 1:300 essential oil : fresh spice. Here are some values: Ginger: 2% (1:50); estragon 0.5% (1:200); dill 4% (1:25); cumin 3.5% (1:30); curcuma 5.8% (1:40); basil: 0.3?0.4% (1:300); thyme: 3% (1:30 or 1:35); celery seeds: 3% (1:30?1:35); black pepper: 3% (1:30?1:35); peppermint: 2% (1:50). I bought garlic oil some years ago, and when it came here, I wondered about the smell while the oil vial was still packaged. I placed it in my study and the next morning I thought by the strong garlic odor that a Turkish restaurant had opened there. I did not dare to open the vial inside the house and went outside to test it. The other spice oils don't have such a heavy

odor. So go ahead and try some cooking with essential oils. And always remember: less is more. Bon appetite!

I hope you like this topic and I wish it contributes to your joy in Mashiyach. Abba has provided so many beautiful things we have not recognized by reason of ignorance, and because we formerly looked up to human made religion. Praise Yah that He reveals so many things in these days to us.

NEXT WEEK WE WILL SEE HOW A PLAGUE WAS STOPPED IN A BIBLICAL WAY BY AARON.

WE WILL ALSO LEARN HOW TO APPLY OILS TODAY AGAINST CONTAGIOUS DISEASES.

IN A LETTER FROM SRI LANKA I WAS ASKED ABOUT HOW TO PREVENT THE DENGUE FEVER –
PLEASE PRAY WITH US THAT YAH WILL REVEAL HOW TO ACHIEVE THIS ? RABAH TODAH!

We fixed the “German bugs” on our website. Now you can appreciate all functions in English. Apologies to those who could not make sense about those parts that were in German. We will further extend the web page and add oils to it step by step as we proceed.

This week new: a portable resonator http://libanonlife.com/html/resonator_.html

Healing Oils : http://libanonlife.com/html/healing_oils.html

Ordering oils to boost your immunity: http://libanonlife.com/html/order_oils.html

Training course on essential oils email contact: muv@mongolbible.com